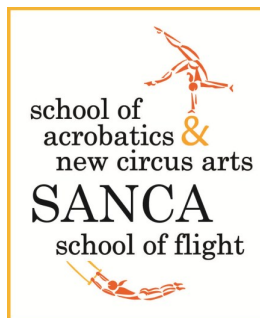



SANCA School of Flight - *Let go and fly!*

Under the guidance of our experienced staff, students are coached in the art of Flying Trapeze. Classes are offered for first-timers and experienced flyers. Private parties are also available.

The School of Acrobatics & New Circus Arts offers Flying Trapeze classes for ages 7 to 107. Classes are available for an unforgettable one-time experience or become a frequent flyer to improve your wicked trapeze skills.



A SANCA School of Flight waiver must be signed before participating in class.

Monday	Adult Class Ages 13+ 7-9pm	Tuesday	Pre-Jr Fly Team Ages 7-12 by invitation 5-6:30pm	Adult Class Ages 13+ 7-9pm
Wednesday	Adult Intermediate class. By invitation. 7-9pm	Intermediate level classes are available by invitation, as a twelve-week series of lessons.		
Thursday	Adult Class Ages 13+ 7-9pm			
Friday	All Ages Class Ages 7+ 4-5:30pm	Adult Class Ages 13+ 6-8pm		
Saturday	Jr. Fly Team Ages 7-12 by invitation 10-11:30am	Adult Class Ages 13+ 12-2pm	Adult Class Ages 13+ 2:30-4:30pm	
Sunday	Youth Class Ages 7-16 10-11:30am	All Ages Class Ages 7+ 12-2pm	Teen Intermediate class. By invitation 2:30-4:30pm	Adult Class Ages 13+ 5-7pm

2-hour classes

- \$45 SANCA members
- \$55 for non-members

90-minute classes

- \$30 SANCA members
- \$35 non-members

\$40 annual registration fee to become a member

GREAT DEALS!

Swing Sets for 2hr classes

5-class punch card

- SANCA members **\$213.75**
- \$261.25 non-members

10-class punch card

- SANCA members **\$405**
- \$495 non-members

20-class punch card

- SANCA members **\$765**
- \$935 non-members

Swing sets for 90min classes

5-class punch card

- SANCA members **\$142.50**
- \$166.25 non-members

10-class punch card

- SANCA members **\$270**
- \$315 non-members

20-class punch card

- SANCA members **\$510**

The School of Acrobatics & New Circus Arts is a 501 (C) 3 non-profit organization.

Your tax deductible donation supports our Youth Scholarship Fund, Youth Performance Groups and our Outreach Program.

Frequently Asked Questions



Who is the flying trapeze for?

Everyone! No experience is necessary, just the desire to try. From non-athletic to gym-fit, confident or hesitant, young to old. Your experience will be a safe, memorable one and you'll be hooked! The SANCA School of Flight is great for private parties, community groups and corporate team-building activities.

What will my first class be like?

Each class begins with Ground School where professionally trained flight instructors teach safety first, explain how the equipment operates and what to expect during each swing. From there you will learn basic tricks; form, position and timing are explained and practiced. The ability of each student dictates his or her progress through each class.

What will my first swing be like?

All flyers experience their first swing with a variety of emotional responses. Adrenaline flows and you may be frightened or eager, but you will be treated with patience and encouraged to take your first swing when you are ready. The coaches give clear instructions, and timing is everything. Listen, follow the directions and you'll have a great time!

Are there any physical restrictions?

If you can comfortably fit in a safety harness and climb the ladder to the platform, then you're ready for flight. The harness fits snugly around the student's waist above the hips and is no more than 48" in circumference. The ladder accommodates up to 225 lbs.

Do I need to make a reservation?

Yes. Reservations are required for all classes and events. We cannot guarantee space for drop-ins.

What should I wear?

It is imperative to wear clothing that fits snugly, but allows flexibility and movement. Shirts with sleeves of any length, tights, leotards, and yoga pants are all appropriate attire. Shorts are okay, but it's more comfortable to have the backs of the knees covered when attempting a knee hang. **No jeans.** Socks are generally recommended, no shoes are allowed. Hair clips and jewelry are not allowed and long hair must be pulled back.



Mission: SANCA is dedicated to improving the mental and physical health of children of all ages and abilities by engaging them in the joyous creativity of acrobatics and circus arts. SANCA provides quality instruction in unique physical arts in a safe, supportive, nurturing environment that provides both challenge and reward to the student.

Vision: SANCA believes that participation in a regular activity is an important component of human development. Mastery of physical skills builds self-esteem, while consistent interaction with staff and other students fosters cooperation, trust and develops social skills.

Registration Form



Student's name _____
Last First

Birth date _____ - _____ - _____
Month Day Year Male Female

Address _____ City _____ Zip _____

Home phone _____ Email _____

Parent/contact Name _____ cell/work phone _____
Last First (circle one)

Parent/contact Name _____ cell/work phone _____
Last First (circle one)

Tuition:

	Current SANCA student	Non-SANCA student (no current reg. fee)
Adults (2-hr):	Single "try and fly" class \$45	\$55
Youth (90 min)	Single "try and fly" class \$30	\$35

Or buy a Swing Set to get a fabulous deal on a bundle of classes (5, 10, or 20)!

Parties are \$450 for 2 hours or \$350 for 90 minutes

Class(es), camp(s), intensive(s), or workshop(s) you are registering for:

- _____ class name class meeting time/day session tuition
- _____ class name class meeting time/day session tuition

For office use

enrolled

confirmed

paid

in database

dbl chkd

Notes:

Payment: Tuition total _____
 Registration fee _____
 Tax deductible donation _____
 Total _____

- Please include payment with paperwork. Make checks payable to SANCA. If paying by credit card, please call the office.
- If you are unable to pay the full balance please inquire about a payment plan.
- If you need financial assistance for youth classes please contact the office.

The annual **registration fee** is \$40.00 per student, family cap of \$100

10% discount for siblings. Students taking more than one class receive a 20% tuition discount for additional classes

We accept checks, cash, American Express, Mastercard, and VISA

How did you hear about us? _____

Photo Release:

- I DO give permission for my/my child's picture to be taken for use in SANCA media, etc.
- I DO NOT give permission for my/my child's picture to be taken for use in SANCA media, etc.

The School of Acrobatics & New Circus Arts is a 501 (C) 3 non-profit organization. Your tax deductible donation makes it possible to provide scholarships for students with financial need.

Return to:

SAN-CA
674 S Orcas St
Seattle WA 98108
Ph:206-652-4433
Fax: 206-763-3545

Waiver



Participant's Medical History Does the student have any of the following conditions?

- Asthma Epilepsy Joint Injuries Back Injuries Diabetes
- Recent Surgery Vision or hearing Impairment Orthodontic Appliances
- Any other Medical, Learning or Sensory Problems of which we should be aware? (if yes, please explain)

Participant Agreement, Release and Assumption of Risk

Student's Name: _____
Last First

In consideration of the services of the School of Acrobatics and New Circus Arts, their agents, owners, officers, volunteers, participants, employees, and all other persons or entities acting in any capacity on their behalf (here in after collectively referred to as "SANCA"), I hereby agree to release, indemnify, and discharge SANCA, on behalf of myself, my spouse, my children, my parents, my heirs, personal representative and estate as follows:

- I acknowledge that my participation in flying trapeze, circus training and instruction and other various activities entails known and unanticipated risks that could result in physical or emotional injury, paralysis, death, or damage to myself, to property, or to third parties. I understand that such risks simply cannot be eliminated without jeopardizing the essential qualities of the activity.
The risks include, among other things: slips and falls; falling from equipment; rope burns; pinches, scrapes, twists and jolts that could result in scratches, bruises, sprains, lacerations, fractures, concussions, or even more severe life threatening hazards; strains, cuts, bruises, muscle soreness, and fractures; musculoskeletal injuries including head, neck and back; injuries to internal organs up to and including paralysis or even death; the negligence of other people; my own physical condition; and the risk of emotional and psychological injuries or physical damage associated with this activity. Traveling to and from shows, meets and exhibitions raises the possibility of any manner of transportation accidents. In any event, if you or your child is injured, you or your child may require medical assistance, at your own expense.
- Furthermore, SANCA employees have difficult jobs to perform. They seek safety, but they are not infallible. They might be unaware of a participant's fitness or abilities. They might misjudge the weather or other environmental conditions. Or the equipment being used might malfunction.
- I expressly agree and promise to accept and assume all of the risks existing in this activity. My participation in this activity is purely voluntary, and I elect to participate in spite of the risks.
- I hereby voluntarily release, forever discharge, and agree to indemnify and hold harmless SANCA for any and all claims, demands, or causes of action which are in any way connected with my participation in this activity, of my use of SANCA's equipment or facilities, including any such claims which allege negligent acts or omissions of SANCA.
- Should SANCA or anyone acting on their behalf, be required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify and hold them harmless for all such fees and costs.
- I certify that I have adequate insurance to cover any injury or damage I may cause or suffer while participating, or else I agree to bear the costs of such injury or damage myself. I further certify that I am willing to assume the risk of any medical or physical condition I may have.
- In the event that I file a lawsuit against SANCA, I agree to do so solely in the state of Washington, and I further agree that the substantive law of that state shall apply in that action without regard to the conflict of law rules of that state. I agree that if any portion of this agreement is found to be void or unenforceable, the remaining document shall remain in full force and effect.

By signing this document, I acknowledge that if anyone is hurt or property is damaged during participation in this activity, I may be found by a court of law to have waived my right to maintain a lawsuit against SANCA on the basis of any claim from which I have released them herein. I have had sufficient opportunity to read this entire document. I have read and understood it, and I agree to be bound by its terms.

Signature of Participant _____ E-mail _____

Address _____

Phone _____ Date _____

Parent's or Guardian's Additional Indemnification

(Must be completed for participants under the ages of 18)

In consideration of _____ (print minor's name) ("Minor") being permitted by SANCA to participate in its activities and to use its equipment and facilities, I further agree to indemnify and hold harmless SANCA from any and all claims which are brought by, or on behalf of Minor, and which are in any way connected with such use or participation by Minor.

Signature of Parent or Guardian _____

Printed Name _____

Date _____

Return to: SANCA
674 S Orcas St
Seattle WA 98108
Ph:206-652-4433
Fax: 206-763-3545

Policies

Payments and registration

- Tuition is due at the time of enrollment and is non-refundable.
- There is a \$40 non-refundable, annual registration fee to be an active SANCA student. The registration fee is capped at \$100 per year for families.
- Have a Living Social voucher for a Flying Trapeze class? Terrific! Please have your voucher number ready when you call our office to schedule the class. Because our classes fill up so quickly we might not be able to accommodate you before the expiration date on your voucher. As long as you call to schedule the class before the expiration date, it's all good.
- Have an expired Living Social voucher? Oops! We'll still honor the face value of the voucher. You may apply it towards the cost of a class and just pay the difference.

Make up classes

- If the School of Flight closes due to weather or other emergency we will offer a make up class that fits your schedule.
- If you are unable to attend a scheduled Flying Trapeze class a 24 hour advance notice is required to sign-up for an alternate class.

Arrival/ Departure

- Please arrive on time for your flying trapeze class. Arriving late for your class means that you will miss important information along with missing warm-ups, which is an important process to keep your body.
- We understand that extenuating circumstances may lead to tardiness; however we cannot allow students to participate in class if they are more than 15 min. late. There is an increased risk of injury when students are not properly trained and warmed-up for flying trapeze.
- Students are considered a no-show if they are more than 15 minutes to class and do not contact our office; they are not eligible to reschedule.
- Make-up classes for late arrivals may be scheduled for an additional \$10 fee.
- Parents bringing students for the youth classes please do not drop off your children more than 10 minutes before class.
- Allow time for a visit to the bathroom or to change clothes before class, so as not to miss class warm ups. A "port-o-potty" is available at the tent for immediate need.

Attire

- Students must wear comfortable, stretchy clothing that is not too baggy.
- **NO JEANS**; zippers and buckles catch on/tear aerial & trampoline fabric and can be dangerous to the student.
- Shirts must be able to tuck in. No degrading or profane messages on clothing.
- Students may go barefoot, wear socks or gym/ballet shoes (for tightrope). Please have clean feet and/or clean socks.
- Long hair must be tied back. No necklaces or body jewelry.

Class Conduct

- Students **MUST** follow all safety rules. Those who do not will be asked to take a break until they are able to follow the rules. Students who choose not to follow the safety rules cannot return to flying trapeze classes.
- Please refrain from loud noises/speech during fly-time. It is of utmost importance that students are able to clearly hear the instructor's directions. Once a student is in the net it is appropriate to cheer and clap etc.
- Students are expected to be courteous and encouraging to classmates.
- No gum or food during class. You may bring a water bottle. We provide water breaks and water for students.
- Students may not come to class under the influence of alcohol or drugs.

Illness

- Please do not bring your child to class with untreated pink eye, fever, vomiting or diarrhea, any wet or open rash or sores, or if you think s/he might have croup. Please cover warts with tape or a band-aid.
- Heavy meals are not recommended immediately prior to class.

Observation

- Please observe your friend's/child's class from the sideline viewing area. The observation area is not a gym or playground and younger children are not allowed to run freely.
- Please do not talk to your child from the sidelines while s/he is in class.
- No parents or children in the teaching area. No one is allowed on any equipment when not in class and under an instructor's supervision.

Directions



From I-5

SOUTHBOUND: Take the Corson St. exit (#162). Go Right on Michigan, Turn Right on 6th Ave south, Turn right on Orcas. We are the 3rd driveway on the left ("American Diagnostics" sign at driveway). [We are near Georgetown post office]

NORTHBOUND: Exit #162 is a left exit from freeway. After exiting the directions are same as above.

From downtown:

Take either 1st Ave going south or Fifth Ave to Airport Way S. going south. Travel all the way to Lucile St. S. (about 3.5 miles). From First Ave S go left (east) on Lucile, from Airport Way turn right (west) onto Lucile. Go to 6th Ave S., turn onto Sixth heading south. Go Left on Orcas and turn into the 3rd driveway on your left ("American Diagnostics" sign).

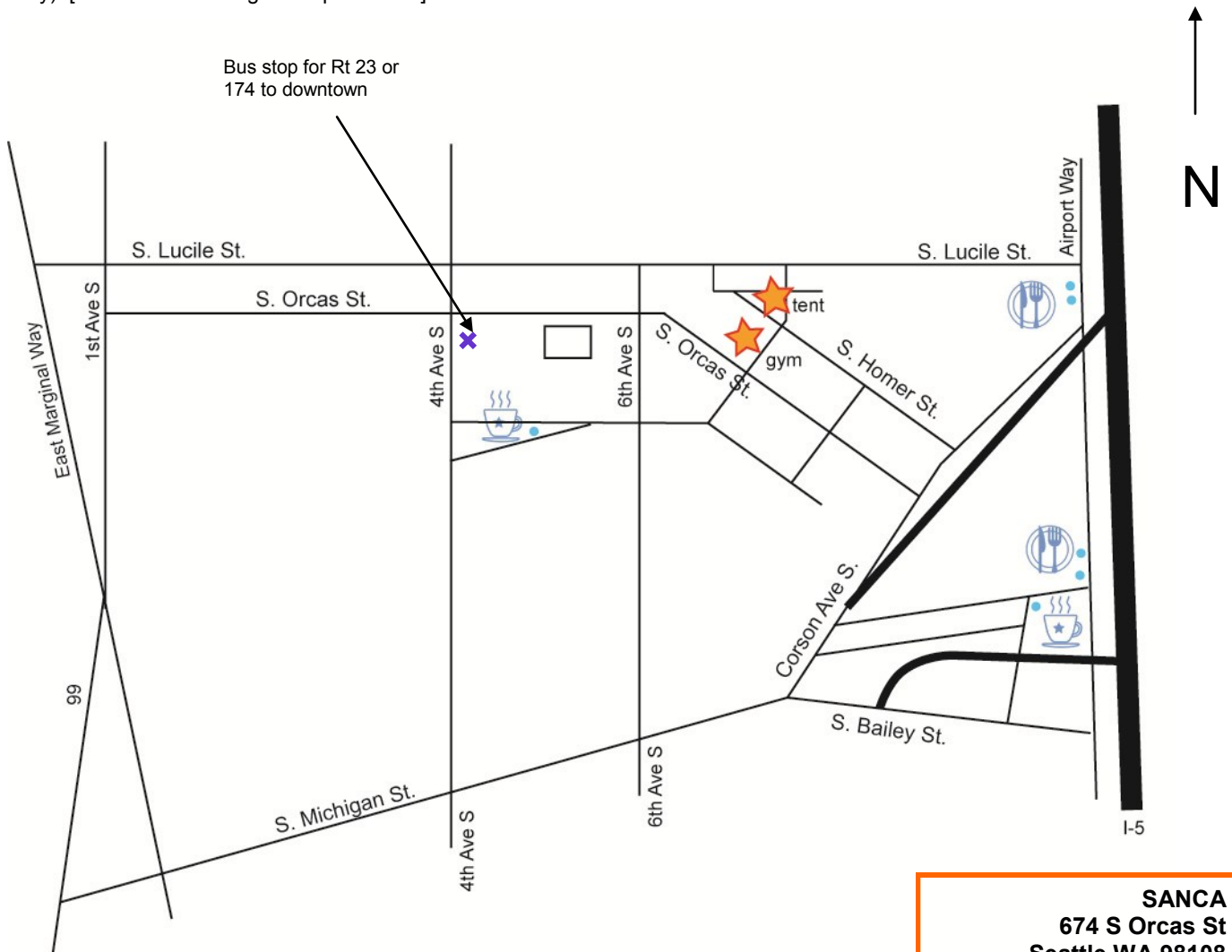
From Highway 99:

(99 turns into Marginal way) Turn east on Lucile (this is north of the 1st Ave south bridge). Turn Right on 4th Ave S, then left onto Orcas. Cross 6th Ave S, turn left into the 3rd driveway after crossing 6th. ("American Diagnostics" sign).

From over Beacon Hill:

NORTH BEACON: Come down Holgate to 4th Ave south. Go past Costco, turn left on Orcas. Drive between the buildings of the Design Center. Cross 6th Ave S (stop sign), and turn into the 3rd driveway on your left. ("American Diagnostics" sign at driveway).

MID/SOUTH BEACON: S. Columbian Way over the hill to I-5 going south, take the next exit (#162 Corson/Michigan). Go Right on Michigan, Turn Right on 6th Ave south, Turn right on Orcas. We are the 3rd driveway on the left ("American Diagnostics" sign at driveway). [We are near Georgetown post office]



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